



**MEALS
ON WHEELS
OF TAMPA**
nourish • enrich • strengthen

2020-2021 IMPACT REPORT

A Year in Review

Delivering More than a Meal



Mission

Since 1975, our mission has been to nourish, enrich and strengthen the lives of seniors and individuals who have difficulty leaving their homes and are challenged to prepare meals.

Vision

Our vision is to help eliminate hunger, isolation and loss of independence for the seniors and homebound in our community.

Nourish • Enrich • Strengthen



Dear Friend,

Thank you! From the bottom of our collective hearts, thank you! Your generous, compassionate and life-changing support means the world to the homebound and senior recipients we serve. The daily delivery of a hot meal by a committed community volunteer is only possible because of your help.

The goal of Meals On Wheels of Tampa is to ensure no senior or homebound individual goes hungry or feels alone. Providing food and friendship, it's what we do. For so many, especially during the last twenty months, they turn to this mission for the promise of consistent, nutritious meals and a connection to the outside world. Both are vital to their health and well-being.

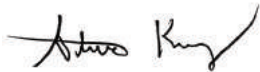
A recent call from Martha, 86 years old, illustrates the impact your contributions make on her life. Martha lives alone. COVID-19 has been a long hard chapter for her, and the meals and volunteer visits have been a lifeline. "Even how the volunteers knock on my door is friendly. They truly seem pleased to see me," she shared. Preventing social isolation for Greater Tampa's homebound and senior citizens has never been more important.

Thank you for making this possible.

With recent expansion into Riverview and Gibsonton, last year 1,796 individuals received the meals and care they needed to live independently with dignity and safety. Our new commercial kitchen, which opened in August 2020, allows for enhanced menu selections and specialized diets. Yet, there is still much more to be done! The aim to further expand into Southeastern Hillsborough County and to offer menu flexibility will be realized soon. As the population of seniors grows, Meals On Wheels of Tampa is prepared to serve well into the future.

Your trust and generous support gives help, reassurance and relief to our senior and homebound neighbors. Please know how much we value your confidence, kindness and compassion.

With grateful hearts,



Steve King
Executive Director



Kathy Ritchie
Board President

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Mission Updates



With YOUR help, **226,241 meals** were delivered to Greater Tampa neighbors.

NEW Menus!

Adding healthy snacks and special menus for individuals with chronic conditions has been a request from recipients. Because of your generosity, the new kitchen has the capacity to meet these needs while serving more seniors and homebound neighbors.



NEW
Vegetable Lasagna



NEW
Sliced Pork

Support from United HealthCare gave us the ability to create new menus incorporating seasonal items and a greater variety of flavor profiles. In early 2022, with the help of a registered dietician, we will be able to provide diabetic and renal menus for those recipients that need medically tailored meals.

Access to the right nutrition is key to having healthy communities. Your support makes it possible to continue providing for the health and well-being of recipients through nutritious foods and choices.

One 90-year-old recipient, Mr. Tony, reported that the new menu items were wonderful! He enthusiastically reported the vegetables were his favorite part of the meals and over the months the new meals had allowed him to lose some weight he felt was necessary for his health. He beamed when he told us he needed a new belt to fit his new waistline. Mr. Tony said the meals take a “big headache” off his mind by providing the daily nutrition he and his wife need, right to their home.



*“Thank you so very much for what you do.
I am a blessed recipient.” – Rose*



Most of us never doubt that a meal would be there when we need it.
But for **1 in 6** senior neighbors, a hot, nutritious meal is not guaranteed.



Service Area Expansion

Meals On Wheels of Tampa began serving 53 residents of Riverview and Gibsonton on June 1, 2021. As word spread, the number of new recipients grew quickly.

Funds from a Santander Consumer USA grant helped purchase a van to transport meals to the new pick-up site at First Baptist Church of Riverview.

Tara's family lives in Riverview. Her aunt was one of the first recipients in the new service area. Tara shared how Meals On Wheels of Tampa has impacted her family.

"My aunt really enjoys the meals. The meals are tasty, fresh and on time. Meals On Wheels has been a real help for our family. I now know my aunt has a hot, healthy meal to eat every day. My mother said the meals smelled so good, she decided to sign up too!"



1,796
Individuals
Served
this fiscal year



New Technology

Mobile Meals Delivery App

Summer of 2021, Meals of Wheels of Tampa introduced the new Mobile Meals App.

This secure smartphone app provides recipient information to volunteer drivers and allows them to report information on deliveries to Meals On Wheels of Tampa staff in real-time.

Community Coming Together

Mobile Vaccinations

In the Spring of 2021, Meals On Wheels of Tampa partnered with Hillsborough County to help provide the COVID-19 vaccine to homebound individuals. Vaccines were offered to those individuals who wanted the vaccine but struggled to get out of the house to get the shot.

200 recipients from Meals On Wheels of Tampa were provided with mobile vaccines through this partnership.



56 Adopt-A-Route Partners

1004 Individual Volunteers

Delivered Meals this Past Year!

Volunteer Appreciation Drive Through Event!



Volunteers are at the heart of the Meals On Wheels of Tampa mission.

February 10, 2021, was a day of celebration. There was food, music and a special gift of gratitude for each volunteer. This drive through event was enjoyed by 300 volunteers who deliver throughout the year. Awards were given to recognize years of service along with other accomplishments.

Special thank you to Ciccio Restaurant Group for donating the lunches for all the volunteers during this event.

Amy Shimberg Volunteer of the Year Award
Kelley Moore

Adopt-A-Route Partner of the Year Award
St. Mary's Episcopal Day School

Heart Award
Paul Jeske
Gary and Nancy Konopka



Delivering What Matters

Once a month there is a special delivery to enhance recipient wellness. Most months it is a delivery of fresh fruits and vegetables (Produce On Wheels). During the holidays it is a Holiday Gift Bag.

A Hurricane Preparedness Pack is delivered at the start of the storm season. Each May, volunteers assemble and deliver shelf stable meals, water and shelter information to all our program recipients. The hurricane packs are vital and help provide peace of mind in case a normal meal delivery cannot be made due to a storm.



"This is all we have to prepare for a storm. Thank you!"

Thank you, TECO, for so generously providing funding for the five-day shelf stable meal packs!!



Community Support

Nourish the Homebound Breakfast

On April 22, 2021 the first virtual Nourish the Homebound Breakfast was held. This event raised \$396,660 to directly support the mission of Meals On Wheels of Tampa. There was a touching testimony from Ramona Whitley whose mother is a longtime recipient of Meals On Wheels. While the pandemic changed the way the event looked, the heartwarming stories brought everyone together.

A special thank you to our Challenge Gift supporters: Bob and Cathy Smith, Gralnick Family Foundation, TRIAD Foundation and the New York Yankees Foundation.

Thank You
2021 Breakfast Sponsors

Executive Chef, Community Partner - PAR, Inc.

Chefs de Cuisine, Community Partner - GEICO, Outback Steakhouse, Suncoast Credit Union and TECO

Silver Platter - Hill Ward Henderson, James & Amy Shimberg Family Foundation, Kenneth Page Foundation, The Mosaic Company, Pro Team Plumbing and the Employees of Redstone Investments

Pewter Platter - BKS Partners, Brown & Brown Tampa and The Bank of Tampa



Thank you, Sustainers!!

Members of the Sustainer Society have committed to nourishing and enriching the independent lives of senior and homebound neighbors by pledging their support of \$1,000 or more, per year, for a period of 5 years.

Strengthening the Community

\$10,000 a year for 5 years

Provides 9,090 meals to recipients

Ed and Amber Bass
Rick Behnke
Glenn and Hollyce Davenport
Bob and Cathy Smith
Merlin and Emma Wadsworth
Deborah Zomermaand

Enriching the Soul

\$5,000 a year for 5 years

Provides 4,545 meals to recipients

Anonymous
Maximillian and Jana Boehmer
Michelle Castellano
Ted and Marty Couch,
The Couch Family Foundation
Jim and Cecelia Ferman
Dave Finkel
Frank E. Duckwall Foundation, Inc.
Santosh and Hema Kumar
David and Heidi Mattioli
Bill and Cindy Rizzetta
Alden and Laura Sherman
Bretta Sullivan
John and Susan Sykes

Nourishing the Body

\$1,000 a year for 5 years

Provides 909 meals to recipients

Anonymous
Donna JP Alexander
Manuel and Mary Alvarez, Jr.
Sheila Angelone
Arehna Engineering, Inc.
Tom and Dixie Arthur
Mark Atkinstall
Timothy and Michelle Backlund
John Bailey

Ted Barber
Beth Bennett
Lou and Gail Bernucca
Kim Biehl
Gene Black
Donald L. Bodie, Jr.
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Cindy Burnside
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Jeff and Trish Chronister
Coldwell Banker Real Estate CARES Foundation
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Continental-National/Mark Krejci
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Kevin and Charlene Cottrell
Matthew and Victoria Cox
Rick Dean
Sally Dee
Ivana Diaz and Alexei Mendoza
Michael and Cheri Donohue
Al Dopking
Ryan and Elizabeth Dorrell
Abigail Dougherty
Darby and Dianne Duncan
Kathy Echevarria
Diane Egner
Element Engineering Group, LLC
Jeffrey and Maya Ellis

Glenn Fasani
Fee and Jeffries, P.A.
Adam Fernandez
Mark and Trudie Fernandez
Scott and Kathy Fink
Ford & Associates, Inc.
The Fowkes Family
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Pam Freedman
Lawrence and Sandra Fuentes
Mario Garcia, Jr.
Steve and Hope Gervais
Michele Gholson
Jackie Gilbert
John and Ruth Giordano
Bryan and Shanna Glazer
Keith and Laura Grams
Dan and Kristin Greco
Greg Gruendel and Holly O'Brien
Fraser and Nancy Hale
Andy and Mary Ann Hamilton
Michael and Donna Harak
James and Melanie Harden
Thomas and Anne Henderson, III
Pat Holmes
Clara Jo Hurley
John and Rhonda Hurst
Doreen Greco Ide
Mark and Robin Ingles
Invincia Technologies
Joe and Wilda Isabel
Scott and Beth Isabel
Steven Jacolow
Jesuit High School
Karen Johnston
Ken and Cienwen Kemper
Douglas Kenny
Temple and Tanya Kessinger
Stephen King

Dedicated to helping nourish the body, enrich the spirit and strengthen this community.

Jamie Klingman and Tony Mutchler
Andrew and Janet Knust
Janis Konigsberg
Steve and Cindy Kurth
John and Mary Catherine Lamoureux
Sean and Megan Lance
Steven Lanza
George Larson
Jonathan and Karen Levy
Mark and Jennifer Lopez
Angela Lusk
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Dolores McIntosh
Bob McKay
Chris McLaughlin
Pamela Menendez and Lincoln Tamayo
Teresa and Ashley Miller
Kelley P Moore
Brenda Verbeck Mortensen
Robert and Jennifer Murphy
Christopher Nardi
Bruce and Vivian Narzissenfeld
Elizabeth Neal
Edmund and Melaney O'Carroll
Timothy O'Connor
Edward and Nancy Paikoff
Vince and MaryJo Pennino
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Pro-Team Plumbing
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Rufus and Monica Williams, IV
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Steve Young

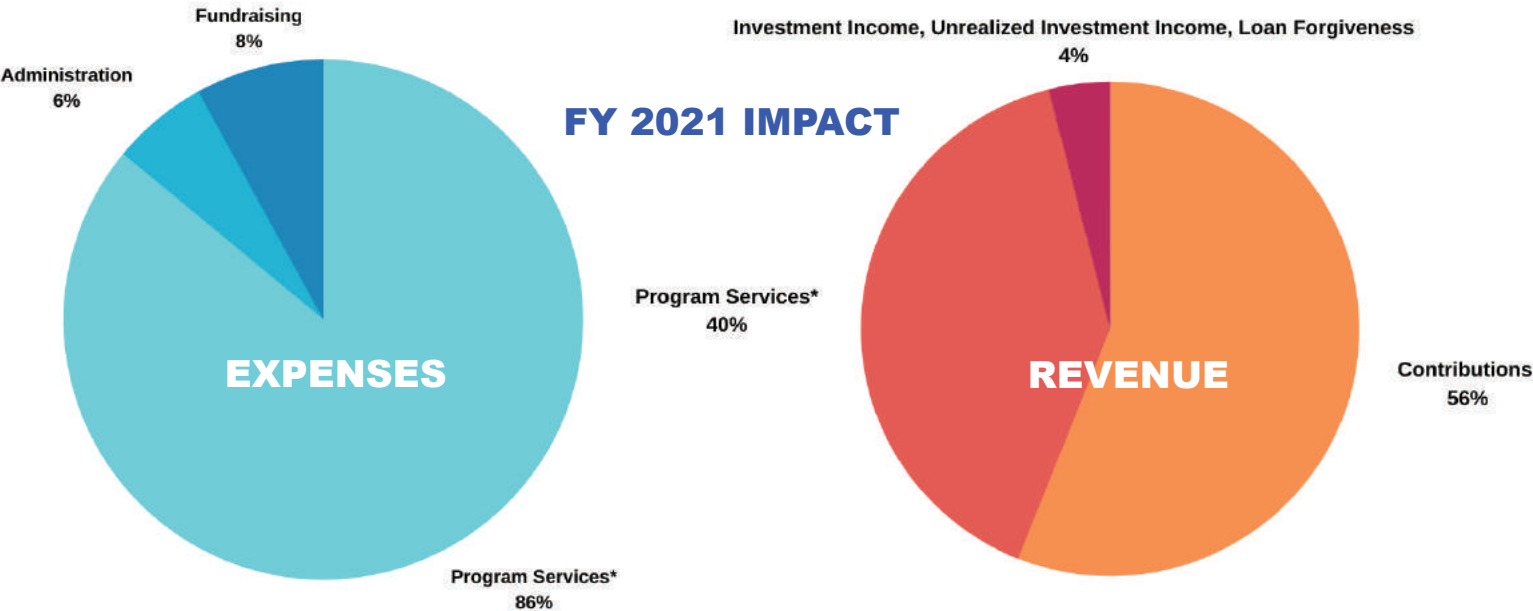


For a full list of donors, please visit www.MOWTampa.org/Donate/Donor-Recognition

July 1, 2020 - June 30, 2021

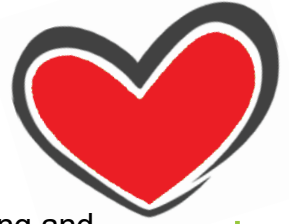
Audited Financial Statements & Comparative Annual Data

| Public Support & Revenue | 2021 | 2020 |
|---|--------------------|--------------------|
| Contributions - Operating | \$3,135,246 | \$1,856,018 |
| Contributions - Capital Campaign | \$133,606 | \$598,074 |
| Program Services* | \$2,316,904 | \$1,566,126 |
| Investment Income | \$8,158 | \$82,473 |
| Unrealized Investment Income | \$22,019 | \$(486) |
| PPP Loan Forgiveness | \$238,000 | \$0 |
| Total Public Support & Unrestricted Revenues | \$5,853,933 | \$4,102,205 |
| Expenses | | |
| Program Services* | \$3,241,117 | \$2,709,069 |
| Administration | \$237,450 | \$269,425 |
| Fundraising | \$301,404 | \$281,919 |
| Total Program & Support Services Expenses | \$3,779,971 | \$3,260,413 |
| Change in Net Assets | \$2,073,962 | \$841,792 |



*Program Services include Homebound Meal Program and Non-Profits-Helping Non-Profits Program.

Ways to Give



JOIN THE SUSTAINER SOCIETY

The Sustainer Society recognizes individuals and organizations that commit to nourishing and enriching the lives of senior and homebound neighbors by pledging support of \$1,000 or more, annually for a term of five or more years. This financial generosity helps pay for operational needs where it is needed most.

SET UP A RECURRING DONATION AND BECOME A MONTHLY SUPPORTER

A monthly gift of \$10 or \$20 can really add up to make a difference. When hundreds of people sign up to do the same, the impact can be incredible!

CREATE A LEGACY THROUGH PLANNED GIVING

Provide support for your charitable giving goals along with your estate and financial planning goals. After making provisions for your loved ones and friends, consider including Meals On Wheels of Tampa in your will or trust. A planned gift creates a legacy to enrich the lives of those in need now and for years to come. We would be honored to help your legacy live on into tomorrow.

VOLUNTEER YOUR TIME

As a privately funded organization, Meals On Wheels of Tampa volunteers provide an invaluable service. They are the heart of delivering the mission. Whether you give time once a week, once a month or whenever you can, it is appreciated. Individuals as well as groups can help deliver meals. When you are a Meals On Wheels of Tampa volunteer, you are delivering much more than a nutritious meal, you are providing human connection.

FOLLOW US ON SOCIAL MEDIA

Follow @MealsOnWheelsOfTampa on Facebook, Instagram and LinkedIn. You will be the first to know about upcoming events, volunteer opportunities and exciting developments happening at Meals On Wheels of Tampa.

REFER A FRIEND

Invite a friend to a Meals On Wheels of Tampa Nourish At Noon to tour the kitchen, enjoy a hot meal and learn more about the impact you have in the lives of elderly and homebound neighbors.

For more information, contact Alicia Coppley at (813) 238-8410 or a.coppley@mowtampa.org.



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THANK YOU Community Partners!



New York Yankees
Foundation, Inc.



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